

OUTSIDE YOGA CLASSES

Feel nature's embrace. Listen to the breath of the Earth.

Re-connect by practicing yoga outdoors!

START 14th of May

Monday 18.30 - 19.30 Vinyasa Flow Thursday 17.00 - 18.00 Yin Yoga Saturday 09.30- 10.30 Energetic Yoga



Where?

Grass field at Stroveer. At the other side of Bird (Hofbogen). If you walk from the studio towards Gimsel, along the left side of the hofbogen, you'll see us on the right side.

For the exact place, type the coordinates in Google maps! 51°55'34.5"N 4°28'47.5"E

Don't forget to bring your own mat and props.